Truncal Blocks

PECS 1, 2; Quadratus lumborum

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PECS 1
- Injection in the fascial plane between the pectoralis major and minor muscle.
- Targeting the medial and lateral pectoral nerves, which innervate the pectoralis muscles.

PECS 2
- Injection lateral to the PECS 1 injection point (or can be done in the same injection point) in the fascial plane between the pectoralis minor and serratus anterior muscles.
- Targeting the upper intercostal nerves.
PECS 1

- Pectoralis major muscle
- Pectoralis minor muscle
- Local anesthetic

PECS 2

- Quadratus Lumborum

Injectate should ideally spread inside the fascial plane between the QL and psoas major muscles to the thoracic paravertebral space.

Ideally will obtain somatic and visceral analgesia from T4 to L1.
Quadratus Lumborum